



# JERSEY TASTES! RECIPES

## Tahini Kale Chiffonade

### INGREDIENTS

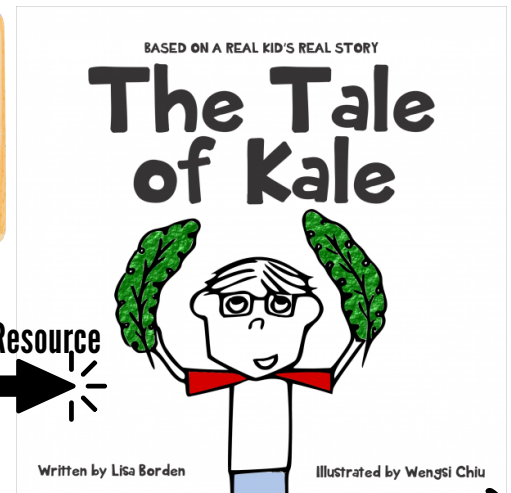
Recipe makes enough for classroom tasting

- 2 Large bunches of Kale
- 3-4 Tablespoons Raw Tahini
- 2 Lemons (juiced)
- Salt & Pepper to taste

### DIRECTIONS

- 1 In large bowl, whisk together tahini, lemon juice and salt & pepper, set aside
- 2 Remove stems/ribs from each kale leaf, roll tightly and chiffonade.
- 3 Place in bowl with tahini lemon.  
Use hands to massage, coating thoroughly.

### Teacher Resources



Book Resource



Read Along



RECIPES MADE IN COLLABORATION WITH:

